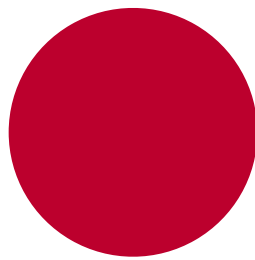




3-day Osaka Itinerary



Osaka



Osaka: A Culinary and Cultural Adventure

Welcome to Osaka, Japan's vibrant culinary capital, where tradition meets modernity. This comprehensive 3-day guide will immerse you in the city's rich heritage, mouth-watering cuisine, and lively atmosphere, perfect for first-time visitors.

Historical Overview

Osaka has a storied history, dating back to ancient times when it served as a vital port city. Known as Naniwa during the Heian period, it has evolved into a bustling metropolis renowned for its commerce and culture. The city's blend of historical landmarks and contemporary attractions makes it a unique destination.

Iconic Landmarks

- Osaka Castle: A stunning symbol of the city, surrounded by beautiful gardens and historical significance.
- Tsutenkaku Tower: An iconic observation tower offering panoramic views of Osaka's skyline.
- Shitenno-ji Temple: One of Japan's oldest temples, showcasing traditional architecture and serene gardens.

Cultural Treasures

- Osaka Museum of History: A fascinating look at the city's past through interactive exhibits.
- National Museum of Art: A treasure trove of contemporary art housed in an underground structure.
- Sumiyoshi Taisha Shrine: A serene shrine with unique architectural styles distinct from typical Shinto shrines.

Charming Neighborhoods

- Dotonbori: A bustling entertainment district famous for its neon lights and street food.
- Shinsaibashi: Osaka's premier shopping area, blending high-end stores with local boutiques.
- Namba: A lively area known for its nightlife, restaurants, and cultural experiences.

Osaka Lifestyle

- **Cuisine:** Renowned for its street food culture; be sure to try takoyaki and okonomiyaki.
- **Café Culture:** Enjoy a relaxing afternoon in one of the city's many themed cafés.
- **Shopping:** From luxury brands to quirky souvenirs, Osaka offers diverse shopping experiences.

Green Spaces

- **Nishinomaru Garden:** A picturesque garden with stunning views of Osaka Castle.
- **Tennoji Park:** A spacious park featuring beautiful landscapes and cultural institutions.

Practical Travel Tips

- **Transportation:** Utilize the extensive subway system; consider an ICOCA card for convenience.
- **Best Times to Visit:** Spring (March-May) for cherry blossoms or Fall (September-November) for pleasant weather.
- **Language:** Basic Japanese phrases are helpful; English is commonly understood in tourist areas.
- **Safety:** Osaka is generally safe; however, remain vigilant against pickpockets in crowded areas.

3-Day Itinerary Highlights

Day 1: Osaka Castle, Nishinomaru Garden, Dotonbori

Day 2: Shitenno-ji Temple, Tsutenkaku Tower, Shinsekai District

Day 3: Osaka Aquarium Kaiyukan, Tempozan Marketplace, Kuromon Ichiba Market

This guide presents a curated selection of over 30 locations, allowing you to customize your Osaka experience. Each stop offers a glimpse into the city's vibrant culture and culinary delights.

Osaka is more than just a destination; it's an experience that tantalizes your taste

buds and enriches your soul. As you explore the bustling streets, savor local delicacies, and immerse yourself in the city's rich heritage, remember that Osaka invites you to discover its hidden treasures with every step.

Let this dynamic city captivate your senses and create unforgettable memories during your journey. Enjoy your adventure in Osaka!



Itinerary Preview

3 days

DAY 01


Osaka Castle
Nishinomaru Garden
Shitenno-ji
Dotonbori

DAY 02

Osaka Aquarium Kaiyukan
Tempozan Market Place
Umeda Sky Building
Shinsaibashi-Suji Shopping Street

DAY 03

Tennoji Park
Tsūtenkaku
Shin Sekai "New World"
Kuromon Ichiba Market





Daily Events



Day 1

09:00

Osaka Castle

1-1 Ōsakajō, Chuo Ward, Osaka, 540-0002, Japan

11:00

11:15

Nishinomaru Garden

2-2 Ōsakajō, Chuo Ward, Osaka, 540-0002, Japan

12:30

13:30

Shitenno-ji

1-chōme-11-18 Shitennōji, Tennoji Ward, Osaka, 543-0051, Japan

15:30

17:45

Dotonbori

1 Chome-9 Dotonbori, Chuo Ward, Osaka, 542-0071, Japan

19:45

Map for Day 1



Day 2

09:15

Osaka Aquarium Kaiyukan

1-chōme-1-10 Kaigandōri, Minato Ward, Osaka, 552-0022, Japan

11:15

12:15

Tempozan Market Place

1-chōme-1-10 Kaigandōri, Minato Ward, Osaka, 552-0022, Japan

13:45

14:30

Umeda Sky Building

1-chōme-1-88 Ōyodonaka, Kita Ward, Osaka, 531-6023, Japan

16:30

17:15

Shinsaibashi-Suji Shopping Street

2-chōme-2-22 Shinsaibashisuji, Chuo Ward, Osaka, 542-0085, Japan

19:30

Map for Day 2



Day 3

09:45

Tennoji Park

5-55 Chausuyamachō, Tennoji Ward, Osaka, 543-0063, Japan

12:00

12:45

Tsūtenkaku

1-chōme-18-6 Ebisuhigashi, Naniwa Ward, Osaka, 556-0002, Japan

14:30

15:00

Shin Sekai "New World"

2 Chome-5 Ebisuhigashi, Naniwa Ward, Osaka, 556-0002, Japan

17:00

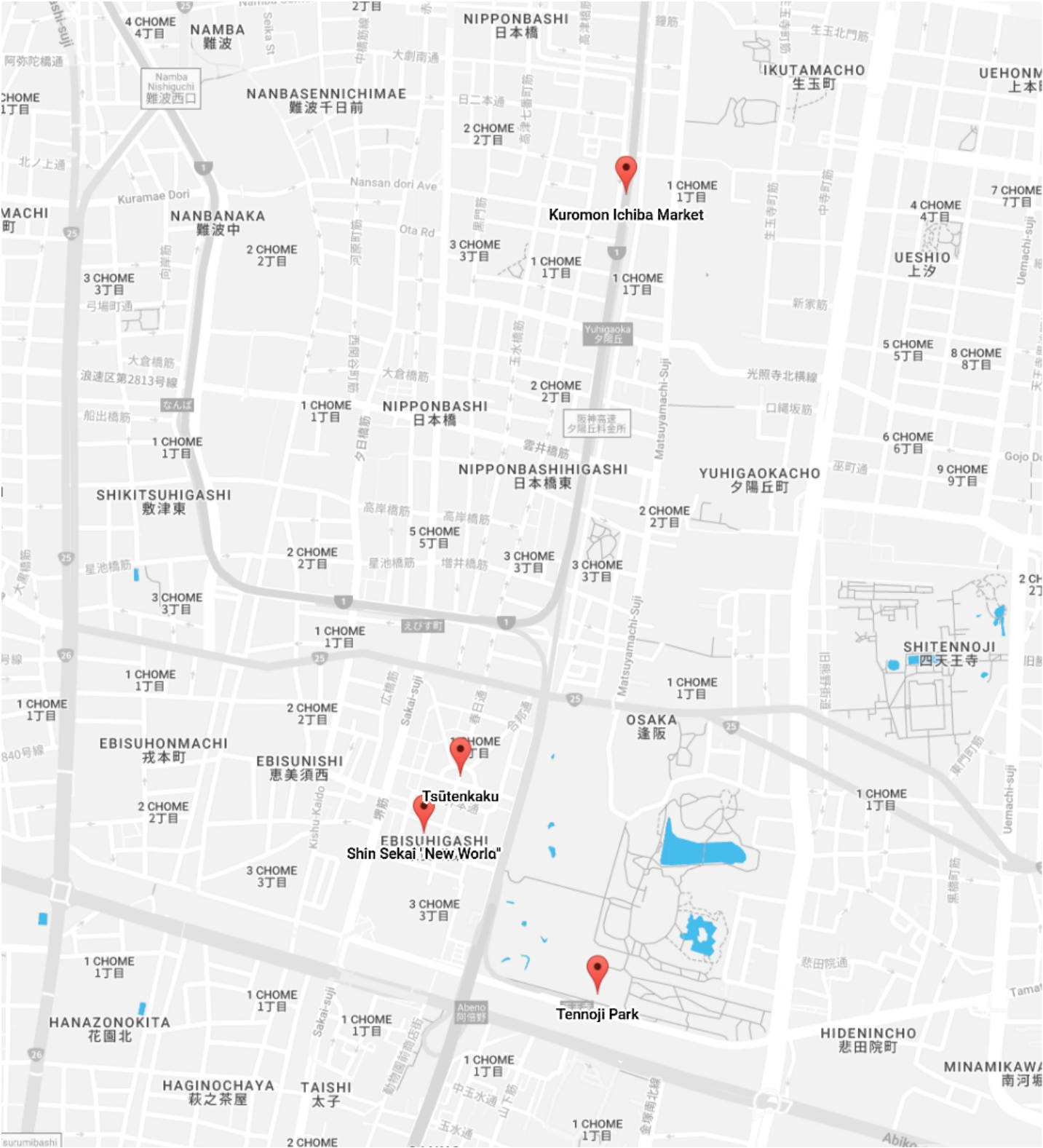
17:30

Kuromon Ichiba Market

2 Chome-21 Nipponbashi, Chuo Ward, Osaka, 542-0073, Japan

19:30

Map for Day 3





Spots



Namba Yasaka Jinja

2-chōme-9-19 Motomachi, Naniwa Ward, Osaka, 556-0016, Japan

Summary:

Small shrine featuring a ritualistic performance stage in the shape of a lion's head.

Opening Hours:

Monday: 6:30 AM - 5:00 PM
Tuesday: 6:30 AM - 5:00 PM
Wednesday: 6:30 AM - 5:00 PM
Thursday: 6:30 AM - 5:00 PM
Friday: 6:30 AM - 5:00 PM
Saturday: 6:30 AM - 5:00 PM
Sunday: 6:30 AM - 5:00 PM

Phone:

06-6641-1149



Brooklyn Roasting Company Kitahama

Japan, 〒541-0041 Osaka, Chuo Ward, Kitahama, 1-chōme-1-9 ハウザー 北浜ビル 1F

Opening Hours:

Monday: 8:00 AM - 8:00 PM
Tuesday: 8:00 AM - 8:00 PM
Wednesday: 8:00 AM - 8:00 PM
Thursday: 8:00 AM - 8:00 PM
Friday: 8:00 AM - 8:00 PM
Saturday: 8:00 AM - 7:00 PM
Sunday: 8:00 AM - 7:00 PM

Phone:

06-6125-5740



Yuyu Onsen (Public Bath)

Japan, 〒699-0201 Shimane, Matsue, 玉湯町玉造 2 5 5

Summary:

Onsen facility with indoor & open-air baths, plus a massage pool with cascading, mineral-rich water.

Opening Hours:

Monday: Closed

Tuesday: 10:00 AM - 10:00 PM

Wednesday: 10:00 AM - 10:00 PM

Thursday: 10:00 AM - 10:00 PM

Friday: 10:00 AM - 10:00 PM

Saturday: 10:00 AM - 10:00 PM

Sunday: 10:00 AM - 10:00 PM

Phone:

0852-62-1000



Hozen-ji Temple

1-chōme-2-16 Namba, Chuo Ward, Osaka, 542-0076, Japan

Summary:

Intimate Buddhist temple along a quaint alley, with a moss-covered statue of the deity Fudomyoo.

Opening Hours:

Monday: Open 24 hours

Tuesday: Open 24 hours

Wednesday: Open 24 hours

Thursday: Open 24 hours

Friday: Open 24 hours

Saturday: Open 24 hours

Sunday: Open 24 hours

Phone:

06-6211-4152



Osaka Museum of History

4-chōme-1-32 Ōtemae, Chuo Ward, Osaka, 540-0008, Japan

Summary:

Contemporary museum with exhibits detailing Osaka history from ancient times to the present day.

Opening Hours:

Monday: 9:30 AM - 5:00 PM

Tuesday: Closed

Wednesday: 9:30 AM - 5:00 PM

Thursday: 9:30 AM - 5:00 PM

Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 5:00 PM

Sunday: 9:30 AM - 5:00 PM

Phone:

06-6946-5728



Orange Street

3 Chome-8 Minamihorie, Nishi Ward, Osaka, 550-0015, Japan



Osaka City Museum of Fine Arts

1-82 Chausuyamachō, Tennoji Ward, Osaka, 543-0063, Japan

Summary:

Opened in 1936, this museum features a large collection of ancient & modern Chinese & Japanese art.

Phone:

06-6771-4874



Osaka City Central Public Hall

1-chōme-1-27 Nakanoshima, Kita Ward, Osaka, 530-0005, Japan

Summary:

Restored neoclassical design public hall constructed in 1913 used for events, concerts & lectures.

Opening Hours:

Monday: 9:30 AM - 9:30 PM
Tuesday: 9:30 AM - 9:30 PM
Wednesday: 9:30 AM - 9:30 PM
Thursday: 9:30 AM - 9:30 PM
Friday: 9:30 AM - 9:30 PM
Saturday: 9:30 AM - 9:30 PM
Sunday: 9:30 AM - 9:30 PM

Phone:

06-6208-2002



SPAWORLD HOTEL&RESORT

3-chōme-4-24 Ebisu Higashi, Naniwa Ward, Osaka, 556-0002, Japan

Summary:

Contemporary spa facility featuring an indoor kid's waterpark, hot tubs, spa treatments & eats.

Opening Hours:

Monday: Open 24 hours
Tuesday: Open 24 hours
Wednesday: Open 24 hours
Thursday: Open 24 hours
Friday: Open 24 hours
Saturday: Open 24 hours
Sunday: Open 24 hours

Phone:

06-6631-0001



Namba Parks

2-chōme-10-70 Nanbanaka, Naniwa Ward, Osaka, 556-0011, Japan

Summary:

Upscale mall featuring brand-name retailers, restaurants, a movie theater & rooftop garden.

Opening Hours:

Monday: 11:00 AM - 11:00 PM
Tuesday: 11:00 AM - 11:00 PM
Wednesday: 11:00 AM - 11:00 PM
Thursday: 11:00 AM - 11:00 PM
Friday: 11:00 AM - 11:00 PM
Saturday: 11:00 AM - 11:00 PM
Sunday: 11:00 AM - 11:00 PM

Phone:

06-6644-7100



Amerika-Mura

2 Chome-11 Nishishinsaibashi, Chuo Ward, Osaka, 542-0086, Japan

Summary:

US-influenced vintage clothing shops around a replica Statue of Liberty, plus rock bars & fast food.

Phone:

06-6131-4550



Nakanoshima Park

1 Chome-1 Nakanoshima, Kita Ward, Osaka, 530-0005, Japan

Summary:

Founded in 1891 as Osaka's first public park, featuring a library, rose garden & ceramics museum.

Opening Hours:

Monday: Open 24 hours
Tuesday: Open 24 hours
Wednesday: Open 24 hours
Thursday: Open 24 hours
Friday: Open 24 hours
Saturday: Open 24 hours
Sunday: Open 24 hours

Phone:

06-6312-8121



Harukas 300 Observatory

1-chōme-1-43 Abenosuji, Abeno Ward, Osaka, 545-0052, Japan

Summary:

3-tiered observation areas on the 58th–60th floors, with an open-air atrium, enclosed glass & cafe.

Opening Hours:

Monday: 9:00 AM - 10:00 PM

Tuesday: 9:00 AM - 10:00 PM

Wednesday: 9:00 AM - 10:00 PM

Thursday: 9:00 AM - 10:00 PM

Friday: 9:00 AM - 10:00 PM

Saturday: 9:00 AM - 10:00 PM

Sunday: 9:00 AM - 10:00 PM

Phone:

06-6621-0300



Kuromon Ichiba Market

2 Chome-21 Nipponbashi, Chuo Ward, Osaka, 542-0073, Japan

Summary:

Spacious market with vendors selling street food, fresh produce & shellfish, plus souvenirs.



Minoh National Park

1-18 Minookōen, Minoh, Osaka 562-0002, Japan

Summary:

Waterfalls, Buddhist temples & riverside walks in a forest park popular for vibrant fall foliage.

Opening Hours:

Monday: Open 24 hours
Tuesday: Open 24 hours
Wednesday: Open 24 hours
Thursday: Open 24 hours
Friday: Open 24 hours
Saturday: Open 24 hours
Sunday: Open 24 hours



Phone:

072-723-1885

Sumiyoshi Taisha

2-chōme-9-89 Sumiyoshi, Sumiyoshi Ward, Osaka, 558-0045, Japan

Summary:

Shinto shrine with a peaceful garden, plus structures rebuilt repeatedly since the 3rd century.

Opening Hours:

Monday: 6:00 AM - 5:00 PM
Tuesday: 6:00 AM - 5:00 PM
Wednesday: 6:00 AM - 5:00 PM
Thursday: 6:00 AM - 5:00 PM
Friday: 6:00 AM - 5:00 PM
Saturday: 6:00 AM - 5:00 PM
Sunday: 6:00 AM - 5:00 PM

Phone:

06-6672-0753



Takoyaki Dotonbori Kikuru Konamon Museum

Japan, 〒542-0071 Osaka, Chuo Ward, Dōtonbori, 1-chōme-6- 1 2 コナモンミュージアム内

Summary:

Courses on local specialty dishes, cooking takoyaki octopus balls & making wax models of food.

Opening Hours:

Monday: 11:00 AM - 9:00 PM

Tuesday: 11:00 AM - 9:00 PM

Wednesday: 11:00 AM - 9:00 PM

Thursday: 11:00 AM - 9:00 PM

Friday: 11:00 AM - 9:00 PM

Saturday: 10:00 AM - 9:00 PM

Sunday: 10:00 AM - 9:00 PM

Phone:

080-9062-3080



Shin Sekai "New World"

2 Chome-5 Ebisuhigashi, Naniwa Ward, Osaka, 556-0002, Japan

Summary:

Bustling, colorful district created in 1912 with a 103-m tower, restaurants & souvenir shops.

Opening Hours:

Monday: Open 24 hours

Tuesday: Open 24 hours

Wednesday: Open 24 hours

Thursday: Open 24 hours

Friday: Open 24 hours

Saturday: Open 24 hours

Sunday: Open 24 hours



Tsuruhashi Shopping Street

3-chōme-16-6 Higashiobase, Higashinari Ward, Osaka, 537-0024, Japan

Opening Hours:

Monday: 10:00 AM - 6:00 PM

Tuesday: 10:00 AM - 6:00 PM

Wednesday: 10:00 AM - 6:00 PM

Thursday: 10:00 AM - 6:00 PM

Friday: 10:00 AM - 6:00 PM

Saturday: 10:00 AM - 6:00 PM

Sunday: 10:00 AM - 6:00 PM



Hozenji Yokocho

1 Chome-1 Namba, Chuo Ward, Osaka, 542-0076, Japan

Summary:

A wide variety of traditional food stalls, cafes & taverns line this narrow, stone-paved alleyway.



Tempozan Market Place

1-chōme-1-10 Kaigandōri, Minato Ward, Osaka, 552-0022, Japan

Summary:

Expansive, light-filled mall with dozens of gift shops, boutiques, jewelry stores & a food court.

Opening Hours:

Monday: 11:00 AM - 8:00 PM

Tuesday: 11:00 AM - 8:00 PM

Wednesday: 11:00 AM - 8:00 PM

Thursday: 11:00 AM - 8:00 PM

Friday: 11:00 AM - 8:00 PM

Saturday: 11:00 AM - 8:00 PM

Sunday: 11:00 AM - 8:00 PM

Phone:

06-6576-5501



Umeda Sky Building

1-chōme-1-88 Ōyodonaka, Kita Ward, Osaka, 531-6023, Japan

Summary:

Connected skyscrapers with a rooftop garden observatory, plus a restaurant & lounge with city views.

Opening Hours:

Monday: 9:30 AM - 10:30 PM

Tuesday: 9:30 AM - 10:30 PM

Wednesday: 9:30 AM - 10:30 PM

Thursday: 9:30 AM - 10:30 PM

Friday: 9:30 AM - 10:30 PM

Saturday: 9:30 AM - 10:30 PM

Sunday: 9:30 AM - 10:30 PM



Dotonbori

1 Chome-9 Dotonbori, Chuo Ward, Osaka, 542-0071, Japan

Summary:

Lively entertainment district known for its soaring illuminated billboards, restaurants & theaters.

Opening Hours:

Monday: Open 24 hours
Tuesday: Open 24 hours
Wednesday: Open 24 hours
Thursday: Open 24 hours
Friday: Open 24 hours
Saturday: Open 24 hours
Sunday: Open 24 hours

Phone:

06-6211-4542



Shinsaibashi-Suji Shopping Street

2-chōme-2-22 Shinsaibashisuji, Chuo Ward, Osaka, 542-0085, Japan

Summary:

Bustling shopping district featuring a wide range of high-end tax-free shops with airport delivery.

Opening Hours:

Monday: 11:00 AM - 8:00 PM
Tuesday: 11:00 AM - 8:00 PM
Wednesday: 11:00 AM - 8:00 PM
Thursday: 11:00 AM - 8:00 PM
Friday: 11:00 AM - 8:00 PM
Saturday: 11:00 AM - 8:00 PM
Sunday: 11:00 AM - 8:00 PM

Phone:

06-6211-1114



Osaka Aquarium Kaiyukan

1-chōme-1-10 Kaigandōri, Minato Ward, Osaka, 552-0022, Japan

Summary:

One of the world's biggest aquariums, with exhibits ranging from Arctic to tropical marine life.

Opening Hours:

Monday: 10:30 AM - 8:00 PM

Tuesday: 10:30 AM - 8:00 PM

Wednesday: 10:30 AM - 8:00 PM

Thursday: 10:30 AM - 8:00 PM

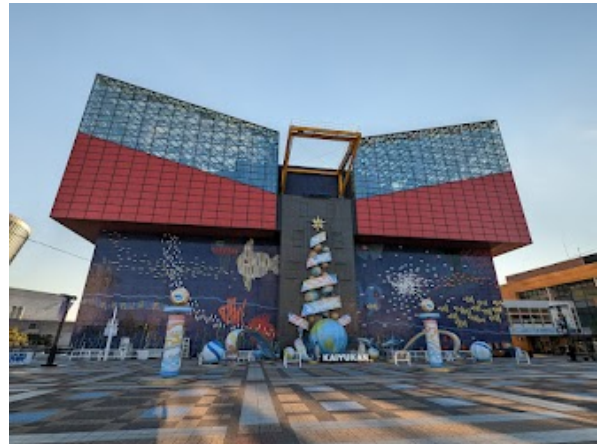
Friday: 10:30 AM - 8:00 PM

Saturday: 9:30 AM - 8:00 PM

Sunday: 9:30 AM - 8:00 PM

Phone:

06-6576-5501



Tsūtenkaku

1-chōme-18-6 Ebisuhigashi, Naniwa Ward, Osaka, 556-0002, Japan

Summary:

Famous for its neon lights, this landmark features an observation deck open to the public.

Opening Hours:

Monday: 10:00 AM - 7:30 PM

Tuesday: 10:00 AM - 7:30 PM

Wednesday: 10:00 AM - 7:30 PM

Thursday: 10:00 AM - 7:30 PM

Friday: 10:00 AM - 7:30 PM

Saturday: 10:00 AM - 7:30 PM

Sunday: 10:00 AM - 7:30 PM

Phone:

06-6641-9555



Osaka Castle

1-1 Ōsakajō, Chuo Ward, Osaka, 540-0002, Japan

Summary:

Revered castle dating to 1597 & since rebuilt, featuring gardens & a museum with varied exhibits.

Opening Hours:

Monday: 9:00 AM - 5:00 PM

Tuesday: 9:00 AM - 5:00 PM

Wednesday: 9:00 AM - 5:00 PM

Thursday: 9:00 AM - 5:00 PM

Friday: 9:00 AM - 5:00 PM

Saturday: 9:00 AM - 5:00 PM

Sunday: 9:00 AM - 5:00 PM

Phone:

06-6941-3044



Nishinomaru Garden

2-2 Ōsakajō, Chuo Ward, Osaka, 540-0002, Japan

Summary:

Picturesque city park known for its manicured lawns, sculpted topiary & cherry blossoms.

Opening Hours:

Monday: Closed

Tuesday: 9:00 AM - 5:00 PM

Wednesday: 9:00 AM - 5:00 PM

Thursday: 9:00 AM - 5:00 PM

Friday: 9:00 AM - 5:00 PM

Saturday: 9:00 AM - 5:00 PM

Sunday: 9:00 AM - 5:00 PM

Phone:

06-6941-1717



Shitenno-ji

1-chōme-11-18 Shitennōji, Tennoji Ward, Osaka, 543-0051, Japan

Summary:

Restored Buddhist temple first built in 593 with a 5-story pagoda, statues & ponds with turtles.

Opening Hours:

Monday: 8:30 AM - 4:30 PM

Tuesday: 8:30 AM - 4:30 PM

Wednesday: 8:30 AM - 4:30 PM

Thursday: 8:30 AM - 4:30 PM

Friday: 8:30 AM - 4:30 PM

Saturday: 8:30 AM - 4:30 PM

Sunday: 8:30 AM - 4:30 PM

Phone:

06-6771-0066



Tennoji Park

5-55 Chausuyamachō, Tennoji Ward, Osaka, 543-0063, Japan

Summary:

Landscaped city park offering lawns, flowerbeds, paved areas, fountains & cafes.

Opening Hours:

Monday: 7:00 AM - 10:00 PM

Tuesday: 7:00 AM - 10:00 PM

Wednesday: 7:00 AM - 10:00 PM

Thursday: 7:00 AM - 10:00 PM

Friday: 7:00 AM - 10:00 PM

Saturday: 7:00 AM - 10:00 PM

Sunday: 7:00 AM - 10:00 PM

Phone:

06-6773-0860

